




















# AUGUST 2010 - VENEZIA, FIRENZE, MILANO, ROMA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1.</p> <p>10:30 Spiritual Circle</p> <p>12:30-3:00 Drop in Art</p> 	<p>2. B.C. DAY</p> 	<p>3.</p> <p>10:00 Tai Chi</p> <p><b>10:45 Shopping Outing</b> ~<b>Brentwood Mall</b> </p> <p>1:30 Walking</p> <p>2:00 Afternoon Tea</p> <p>3:00 Exercises</p>	<p>4.</p> <p>8:30 Breakfast Club</p> <p>10:00 Exercises</p> <p>10:30 Bingo</p> <p>11:15 Lifting Spirits (Milano)</p> <p>2:00 Bell Choir Rehearsal</p> <p>3:00 Cappuccino</p> <p>3:30 Walking</p>	<p>5.</p> <p>10:00 Bowling</p> <p>11:00 Italian Church</p> <p>1:30 Exercises</p> <p>2:00 Craft Corner</p> <p>3:00 Afternoon Tea</p>	<p>6.</p> <p>10:00 Exercises</p> <p>10:45 Knitting Club</p> <p>1:00 Communion</p> <p><b>2:00 Classical Concert</b> ~<b>Woodwind Trio</b></p> <p>2:00 Travelling Gift Cart</p> <p>3:00 Cappuccino</p> <p>3:00 Gift Shop Open</p> <p>4:00 Hot Toddies</p> 	<p>7.</p> <p>10:00 Exercises</p> <p>10:30 Bingo</p> <p>11:00 Cappuccino</p> <p>11:00 Nails with Abbey</p> <p><b>1:30 Outing on the Carital Coach to Mario's Gelato</b></p> 
<p>8.</p> <p>10:30 Spiritual Circle</p> <p>12:30-3:00 Drop in Art</p> 	<p>9.</p> <p>10:00 Exercises</p> <p>10:30 Drop in Spa</p> <p>1:30 Gardening Club</p> <p><b>2:00 Ice Cream Treats</b></p> <p>3:00 Cappuccino</p>	<p>10.</p> <p>10:00 Tai Chi</p> <p><b>10:45 Lunch Outing</b> </p> <p>2:00 Afternoon Tea</p> <p>3:00 Exercises</p>	<p>11.</p> <p>8:30 Breakfast Club</p> <p>10:00 Exercises</p> <p>10:30 Bingo</p> <p>11:15 Lifting Spirits (Firenze)</p> <p>2:00 Bell Choir Rehearsal</p> <p>3:00 Cappuccino</p> <p>3:30 Walking</p>	<p>12.</p> <p>1:30 Exercises</p> <p>2:00 Craft Corner</p> <p>3:00 Afternoon Tea</p> <p><b>6:00 Birthday Party with Steve Warner</b></p> 	<p>13.</p> <p>10:00 Games with Maria</p> <p>10:45 Knitting Club</p> <p>1:00 Communion</p> <p>2:00 Sing-a-long</p> <p>2:00 Travelling Gift Cart</p> <p>3:00 Cappuccino</p> <p>3:00 Gift Shop Open</p> <p>4:00 Hot Toddies</p>	<p>14.</p> <p>10:00 Exercises</p> <p>10:30 Bingo</p> <p>11:00 Cappuccino</p> <p>11:00 Nails with Lexus</p> <p><b>1:30 Outing on the Carital Coach</b></p> 
<p>15.</p> <p>10:30 Spiritual Circle</p> <p>12:30-3:00 Drop in Art</p> 	<p>16.</p> <p>10:00 Exercises</p> <p>10:30 Drop in Spa</p> <p>1:30 Gardening Club</p> <p><b>2:00 Ice Cream Treats</b></p> <p>3:00 Cappuccino</p>	<p>17.</p> <p>10:00 Tai Chi</p> <p><b>12:30 Family BBQ</b></p> <p><b>2:00 Mike's Critters</b></p> <p>3:00 Exercises</p>	<p>18.</p> <p>8:30 Breakfast Club</p> <p><b>10:00 Fishing Outing</b></p> <p>11:15 Lifting Spirits (Milano)</p> <p>2:00 Bell Choir Rehearsal</p> <p>3:00 Cappuccino</p> <p>3:30 Walking</p>	<p>19.</p> <p>11:00 Italian Church</p> <p>1:30 Exercises</p> <p>2:00 Craft Corner</p> <p>3:00 Afternoon Tea</p> <p><b>5:00 Fast Food Fantasy</b></p> <p>6:00 Italian Movie Night</p>	<p>20.</p> <p>10:00 Games with Maria</p> <p>10:45 Knitting Club</p> <p>1:00 Communion</p> <p><b>2:00 Karaoke Lounge</b></p> <p>2:00 Travelling Gift Cart</p> <p>3:00 Cappuccino</p> <p>3:00 Gift Shop Open</p> <p>4:00 Hot Toddies</p>	<p>21.</p> <p>10:00 Exercises</p> <p>10:30 Bingo</p> <p>11:00 Cappuccino</p> <p>11:00 Nails with Abbey</p> <p>11:15 Singing Prayer Group</p> <p><b>12:30 Outing to the Trout Lake Farmer's Market</b></p>
<p>22.</p> <p>10:30 Spiritual Circle</p> <p>12:30-3:00 Drop in Art</p> 	<p>23.</p> <p>10:00 Exercises</p> <p>10:30 Drop in Spa</p> <p><b>2:00 Welcome Tea</b></p>  <p>3:00 Cappuccino</p>	<p>24.</p> <p>10:00 Tai Chi</p> <p><b>12:30 Canadian's Baseball Game</b> </p> <p>1:30 Walking</p> <p>2:00 Afternoon Tea</p> <p>3:00 Exercises</p>	<p>25.</p> <p>8:30 Breakfast Club</p> <p>10:00 Exercises</p> <p>10:30 Bingo</p> <p>11:15 Lifting Spirits (Firenze)</p> <p><b>12:00 Garden Luncheon</b></p> <p>2:00 Bell Choir Rehearsal</p> <p>3:00 Cappuccino</p> <p>3:30 Walking</p>	<p>26. Jeans Day</p> <p>10:00 Bocce</p> <p>1:30 Exercises</p> <p><b>2:00 Resident's Council Meeting</b></p> <p>3:00 Afternoon Tea</p> <p>6:00 English Movie Night</p>	<p>27.</p> <p>10:00 Exercises</p> <p>10:45 Knitting Club</p> <p><b>12:00 1<sup>st</sup> Floor BBQ*Hawaiian</b></p> <p>1:00 Communion</p> <p>2:00 Travelling Gift Cart</p> <p>3:00 Cappuccino</p> <p>3:00 Gift Shop Open</p> <p>4:00 Hot Toddies</p>	<p>28.</p> <p>10:00 Exercises</p> <p>10:30 Bingo</p> <p>11:00 Cappuccino</p> <p>11:00 Nails with Lexus</p> <p><b>1:30 Outing on the Carital Coach</b></p> 
<p>29.</p> <p><b>9:15 Church Outing</b> * Our Lady of Sorrows </p> <p>12:30-3:00 Drop in Art</p> 	<p>30.</p> <p>10:00 Exercises</p> <p>10:30 Drop in Spa</p> <p>1:30 Gardening Club</p> <p><b>2:30 Ice Cream Treats</b></p> <p>3:00 Cappuccino</p>	<p>31.</p> <p>10:00 Tai Chi</p> <p><b>10:45 Church's Chicken Picnic Lunch</b> </p>  <p>1:30 Walking</p> <p>2:00 Afternoon Tea</p> <p>3:00 Exercises</p>	 <h2 style="font-family: cursive;">SUMMER</h2> 