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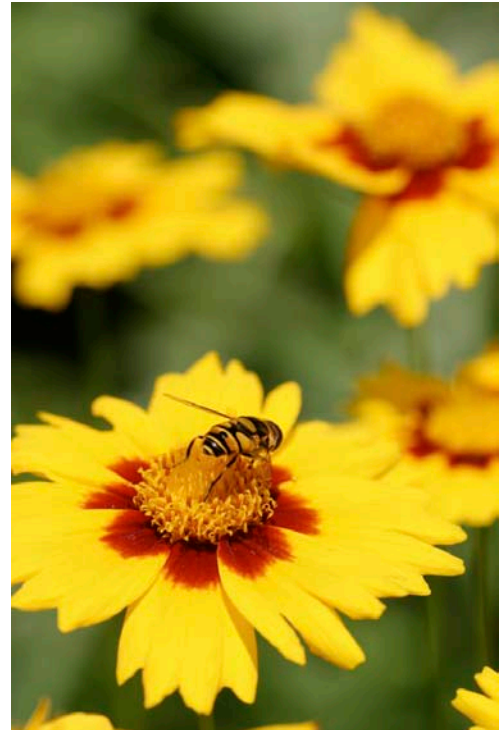
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### NEWSLETTER:

LAREE MOHR

PROOF READER - HEATHER FARRAR

## SUMMER



*Wishing you all  
a fun-filled summer!*

*~ LaRee Mohr*

## MR. JULY

Interview by: Denise Cahill  
Therapeutic Recreation

### ANTONIO PROIETTI

Since July 2009 we have had the pleasure of getting to know Antonio Proietti. He is often seen wheeling through the atrium visiting and chatting with residents, friends and staff. He is known for his smile and interesting stories that he shares with everyone he meets.



Antonio was born January 13<sup>th</sup>, 1946 in the grand city of Rome, Italy. He was the fourth born child to Francesco and Linda Proietti. He has stated that he was the baby of the family and was very always very close to his Nonna. Antonio completed school and then worked for the next seven years as a bookkeeper at the horse races in Italy. He can recall many fond memories of his time there as he truly enjoyed his work. At the age of 23 Antonio decided it was time to make a big change in his life.

With the encouragement of his Nonna and the help of a friend, Antonio immigrated to Canada on March 8<sup>th</sup>, 1969. He was eager to learn English and find work here in Vancouver and was fortunate to have a great support network of friends and family. Antonio enrolled in Burnaby Vocational School and received his diploma in Accounting and went on to attend UBC for an additional 2 years to work toward being a Registered Industrial Accountant.

In June 1969 Antonio met Marilyn and says it was love at first sight. They celebrated their engagement with a memorable party and then married on July 18<sup>th</sup> the following year. He describes his wedding as the best day of his life. Together they have three children named Daniella, Patrick and Thomas. They also feel fortunate to have four grandchildren named Anthony, Larissa, Aaliyah and Nico. Antonio is very close to his family and always enjoys their visits.

Although Antonio became ill in 1980 he has shown his determination to maintain his independence. His wife Marilyn has always been a great support to him. Antonio moved to Villa Carital one year ago this month but he always looks forward to his regular weekly visits home and is very involved in fundraising for G.F. Strong Rehabilitation Centre where he spent 16 months. Antonio is a caring man with a big heart.

## WE WELCOME

Please join us in welcoming:

Mrs. Eileen Booth

Villa Napoli

Mrs. Giulia Avignone

Villa Palermo

Mrs. Kathleen Glasheen

Villa Milano

Mrs. Amabile Serena

Villa Venezia



We will be officially welcoming all our new residents at our next Welcome Tea on Monday, August 23<sup>rd</sup> at 2:00 pm.

## IT'S B-B-Q TIME!

Now that it's summer we have many special BBQs for the residents to enjoy.

Thursday, July 15 <sup>th</sup>	12:00	SCU BBQ
Friday, July 30 <sup>th</sup>	12:00	BC Day BBQ
Tuesday, August 17 <sup>th</sup>	12:00	Family BBQ
Friday, August 27 <sup>th</sup>	12:00	Roma/Milano/Venezia/Firenze BBQ
Wednesday, September 1 <sup>st</sup>	1:00	BBQ with Casa Serena

Family members are always welcome to join us for these special BBQs. Please see Pat (Food Services Manager) or Eva (Receptionist) to sign up.

## **VOLUNTEER OF THE MONTH**

Interview by: Colleen Macey  
Therapeutic Recreation

### **NORMAN SORTEHAUG**

If you are wondering why our birds look so happy, the cat is content and the bus is clean, you can thank our dedicated volunteer of the month, Norman Sortehaug. This amazing man has been with us at Villa Carital for ten years and he is always



quietly making sure Villa Carital looks good. It is Norman who keeps all the pets clean and fed and can often be seen tidying up the grounds or picking up trash off the nearby sidewalks. Norman also makes sure that the outside and inside of the Carital Coach (our bus) is clean. He is very efficient and meticulous about the many tasks he tends to at the villa, his weekly routine often takes more than five hours to complete.

Norman was born and raised in New Westminster where he went to elementary and high school and then on to BCIT where he studied chemistry and metallurgy. Norman completed the engineering technology program at BCIT. After he completed his schooling, he moved up to the Yukon where he lived in a bunk house and worked in the mill and at a mine. The winter was so cold the temperature actually reached -82 F. Norman left the Yukon after a year, probably because of that last fact. He had many different jobs in his life and many of those jobs involved on-the-job-training. Some of Norman's jobs included working in Provincial Parks where he surveyed both Seymour and Cypress mountains. He worked in "quality control" at a pulp and paper mill, was employed at the Molson Brewery and he spent time in Quesnel where he radiographed wells. Norman has quite the list of job experiences.

Norman works hard on keeping his body and mind healthy. He is a strict vegetarian, drinks no alcohol and takes vitamins daily. Spirituality is also very special to Norman and he is a wealth of knowledge on this subject.

Norman came to Villa Carital many years ago and took on the task of taking care of the villas pets and he continues to do a stellar job. Norman told me the Villa is like his family and he was very touched when the villa was so supportive after his mother died. He describes Villa Carital as a very uplifting community and a place he loves to come to. We love him too!

## BIRTHDAYS IN JULY

### Residents

Vicky Uster	July 1 <sup>st</sup>
Margaret Romaine	July 2 <sup>nd</sup>
Bebe Calabrigo	July 16 <sup>th</sup>
Jane Jack	July 23 <sup>rd</sup>
Lina Servallo	July 29 <sup>th</sup>

### Staff

Ana Manajlovic	July 1 <sup>st</sup>
Irene Diana	July 6 <sup>th</sup>
Winnie Chang	July 9 <sup>th</sup>
Davorka Brkljacic	July 22 <sup>nd</sup>
Rosa Tufeckic	July 24 <sup>th</sup>
Lerma Tengku	July 25 <sup>th</sup>

### Volunteers

Heather Farrar	July 2 <sup>nd</sup>
Stephanie Rossetti	July 4 <sup>th</sup>
Abbey Macey	July 7 <sup>th</sup>
Rodney Stehr	July 7 <sup>th</sup>
Kristy Stewart	July 13 <sup>th</sup>
Kaori Hiyama	July 21 <sup>st</sup>
Alison Sun	July 22 <sup>nd</sup>

Enjoy life  
now  
~ it has an  
expiration  
date!



## BIRTHDAYS IN AUGUST

### Residents

Italia Bassani	August 14 <sup>th</sup>
Maria Berardo	August 14 <sup>th</sup>
Gisella Piovesan	August 20 <sup>th</sup>
Franziska Ladninig	August 25 <sup>th</sup>
Antonio Corea	August 27 <sup>th</sup>
Mila Silich	August 27 <sup>th</sup>
Anne Davies	August 29 <sup>th</sup>

### Staff

Glowin Aquino	August 7 <sup>th</sup>
Ranjit Dharni	August 8 <sup>th</sup>
Mihret Bahta	August 11 <sup>th</sup>
Olivija Majstorovic	August 12 <sup>th</sup>
Ivana Gauw	August 13 <sup>th</sup>
Selina Stehr	August 16 <sup>th</sup>
Kerrie Turner	August 17 <sup>th</sup>
Gemma Cruz	August 19 <sup>th</sup>
Mihret Bahta	August 22 <sup>nd</sup>
Tuesday Shaw	August 26 <sup>th</sup>
Rino Lat	August 26 <sup>th</sup>
Lana Sikhimbaeva	August 31 <sup>st</sup>

### Volunteers

Ann Merrick	August 10 <sup>th</sup>
Giovanna Guadagno	August 15 <sup>th</sup>
Rosa Vazquez	August 15 <sup>th</sup>
Tuesday Shaw	August 26 <sup>th</sup>
Lucy Ghisi	August 27 <sup>th</sup>

Life isn't  
about  
how to  
survive the  
storm,

But how to  
dance in  
the rain.

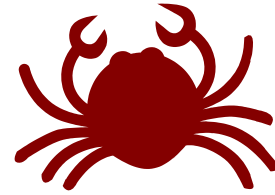
~Anonymous



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## ASTROLOGICAL SIGNS

### Cancer - June 22<sup>nd</sup> to July 22<sup>nd</sup>



Cancers are sensitive and nurturing and put other's interests ahead of their own. Because they are empathetic; they have very intense, meaningful relationships. The "Crab" sign is often self-conscious, emotional and unpredictable.

Favorite Foods: Risotto, poultry, pudding with custard

### Leo – July 23<sup>rd</sup> to August 21<sup>st</sup>



Leos need to be the center of attention. They are ambitious and are able to accomplish a great deal. Charismatic and confident, they love the stage. On the flip side, they have a stubborn nature which can make them overbearing and insensitive.

Favorite Foods: Smoked Salmon, exotic fruits, Chinese food.

### Virgo – August 22<sup>nd</sup> to September 23<sup>rd</sup>



Because Virgos are practical and logical they are sometimes also picky and critical. They have an incredible sense of detail which makes them great organizers. They are noble and modest people who give 100% to everything they do and expect nothing less from their partners in life.

Favorite Foods: Pizza, quick and easy meals.

## GETTING TO KNOW YOU

~ Interview by Teresa Mac Phee  
Therapeutic Recreation

### EDITH SERPAS

Edith was born in El Salvador and moved to Canada with her Grandmother, Aunt, and cousins at the age of 14. Edith is the second eldest in a family of 15 with her parents currently residing in San Francisco.



Edith is a care aide at Villa Carital in Villa Milano and she has the perfect disposition for her job. She began her working life as a hairdresser but decided to change that career when her grandmother was diagnosed with dementia. Edith has since worked in the field of care-giving for nine years.

When not working as care aide at Villa Carital, Edith is mothering her three children, one daughter and two sons, her youngest being only 18 months old. Edith's daughter, Melissa has recently started as a volunteer with our Drop In Art program here at Villa Carital.

The best place to find Edith after all that care giving is at the gym. She loves working out and her future goal is to own and operate her own gym. Dancing is her next favourite leisure activity and "being around people in general" - celebrating life. Playing softball and walking fill in the rest of her time.

Edith, as we all know, is very easy going, calm and pleasant to be around. She prays daily and believes every experience is for a reason. "Just go with it," she claims "and things work out."

One of Edith's life long passions is traveling and so far she has done her share in Mexico, Montreal, Seattle, Alberta, and Los Angeles. Last year she returned to El Salvador after 25 years. Along with travelling, Edith wants to study more languages to compliment her Spanish, English and "1/2 Italian".

## IN LOVING MEMORY



Mr. Fotis Andrews

January 15, 1927 – June 1, 2010

Mrs. Daphne Mazzini

November 2, 1927 – June 9, 2010

Mrs. Isabella Parise

November 11, 1917 – June 15, 2010

Our sincere sympathy is extended to Fotis, Daphne, and Isabella's families.

~ From the Residents, Staff & Volunteers of Villa Carital.

May the Angels lead you into paradise; may the Martyrs receive you at your coming and lead you into the holy city of Jerusalem. May the choir of Angels receive you, and with Lazarus, who was once poor, may you enjoy eternal rest.

(Chant from the Roman Gradual)

~~~~~

## MISSING RUGS

Does anyone know what happened to the pile of rug squares in the exercise area? They mysteriously disappeared and it would be great to have them back.

## SWIMMING OUTINGS

Our next swimming outing will be **Tuesday, September 7<sup>th</sup>** at 12:00. Be sure to speak to Kerrie, Rehabilitation Specialist if you would like to participate. These outings have been very appreciated by all the residents, family members and volunteers who have participated.

## THANK YOUS!



A big thank you to Teresa for her tremendous effort in organizing Villa Carital's first ever Art Exhibit. Also thank you to the "Drop In Art" **volunteers** for their amazing work with the residents. A fabulous event was hosted presenting our resident's art work.

Thank you to the following sponsors:

Arla Foods Inc.  
Authentic Wine & Spirits Merchants  
Blue Heron Winery  
Garden Works  
Gay Johnson ~ Artist  
Larson--~Juhl Framing  
Monti Cristo Bakery  
Opus Framing & Art Supplies  
Price Smart Foods  
Sara Baker ~ Burnaby Arts Council  
Westcana Food Services

Another special thank you to surprise wine donations from the **Bertelli family** and from **Frank Battista**. Also, to volunteer **Maria Ripoli** who brought her beautiful calla lilies in to help decorate. We also appreciated Melanie Calabrigo's power point presentation on the making of the art work.

Finally, thank you to all of you who attended and also to those individuals who purchased pictures. Your support is stellar.

**SPECIAL EVENTS - JULY**

| <b>Date</b>                         | <b>Time</b> | <b>Event</b>                                                                                   | <b>Location</b>      |
|-------------------------------------|-------------|------------------------------------------------------------------------------------------------|----------------------|
| Friday,<br>July 2 <sup>nd</sup>     | 2:00        | <b>Classical Concert, Pianist,<br/>Doug Balfour &amp; Violinist,<br/>Evelyn Creaser-Rumley</b> | Atrium               |
| Saturday,<br>July 3 <sup>rd</sup>   | 10:00       | <b>Volunteer Orientation</b>                                                                   | Family Room          |
| Monday,<br>July 5 <sup>th</sup>     | 10:30       | <b>SCU Birthday Party with<br/>Greg Alcock</b>                                                 | SCU Activity<br>Room |
| Thursday,<br>July 8 <sup>th</sup>   | 6:00        | <b>Birthday Party<br/>with Fred Donatiello</b>                                                 | Atrium               |
| Friday,<br>July 9 <sup>th</sup>     | 11:00       | <b>Italian Mass</b>                                                                            | Chapel               |
| Wednesday,<br>July 14 <sup>th</sup> | 12:00       | <b>Garden Luncheon</b>                                                                         | Under the<br>Tent    |
| Thursday,<br>July 15 <sup>th</sup>  | 12:00       | <b>SCU BBQ<br/>(Hawaiian)</b>                                                                  | SCU Patio            |
| Thursday,<br>July 15 <sup>th</sup>  | 5:00        | <b>Fast Food Fantasy</b>                                                                       | Family Room          |
| Monday,<br>July 19 <sup>th</sup>    | 10:30       | <b>SCU Patio Entertainment<br/>with Steve Warner</b>                                           | SCU Activity<br>Room |
| Wednesday,<br>July 21 <sup>st</sup> | 12:00       | <b>Garden Luncheon</b>                                                                         | Under the<br>Tent    |
| Thursday,<br>July 22 <sup>nd</sup>  | 2:00        | <b>Summer Beach Party</b>                                                                      | Under the<br>Tent    |
| Friday,<br>July 23 <sup>rd</sup>    | 2:00        | <b>Karaoke Lounge</b>                                                                          | Atrium               |
| Wednesday,<br>July 28 <sup>th</sup> | All Day     | <b>Jean's Day</b>                                                                              | Villa Carital        |
| Thursday,<br>July 29 <sup>th</sup>  | 6:00        | <b>Entertainment<br/>with Rosario</b>                                                          | Atrium               |
| Friday,<br>July 30 <sup>th</sup>    | 12:00       | <b>BC Day BBQ</b>                                                                              | Under the<br>Tent    |

**SPECIAL EVENTS - AUGUST**

| Date                                  | Time    | Event                                                        | Location             |
|---------------------------------------|---------|--------------------------------------------------------------|----------------------|
| Friday,<br>August 6 <sup>th</sup>     | 2:00    | <b>Classical Concert</b>                                     | Atrium               |
| Monday,<br>August 9 <sup>th</sup>     | 10:30   | <b>SCU Birthday Party<br/>with Greg Alcock</b>               | SCU Activity<br>Room |
| Wednesday,<br>August 11 <sup>th</sup> | 12:00   | <b>Garden Luncheon</b>                                       | Under the<br>Tent    |
| Thursday,<br>August 12 <sup>th</sup>  | 6:00    | <b>Birthday Party<br/>with Steve Warner</b>                  | Atrium               |
| Tuesday,<br>August 17 <sup>th</sup>   | 12:00   | <b>Family BBQ</b>                                            | Under the<br>Tent    |
| Friday,<br>August 20 <sup>th</sup>    | 2:00    | <b>Karaoke Lounge</b>                                        | Atrium               |
| Monday,<br>August 23 <sup>rd</sup>    | 10:30   | <b>SCU Entertainment<br/>with Rosario</b>                    | SCU Activity<br>Room |
| Wednesday,<br>August 25 <sup>th</sup> | 12:00   | <b>Garden Luncheon</b>                                       | Under the<br>Tent    |
| Thursday,<br>August 26 <sup>th</sup>  | All Day | <b>Jean's Day</b>                                            | Villa Carital        |
| Friday,<br>August 27 <sup>th</sup>    | 12:00   | <b>Roma, Milano,<br/>Venezia, Firenze BBQ<br/>(Hawaiian)</b> | Under the<br>Tent    |

## COMMUNITY OUTINGS -JULY

| <b>Date</b>                        | <b>Time</b> | <b>Event</b>                        | <b>Location</b>                         |
|------------------------------------|-------------|-------------------------------------|-----------------------------------------|
| Saturday,<br>July 3 <sup>rd</sup>  | 1:30        | Outing on the<br>Carital Coach      | 1 <sup>st</sup> & 2 <sup>nd</sup> Floor |
| Tuesday,<br>July 6 <sup>th</sup>   | 10:45       | Shopping Outing<br>(Market Landing) | 1 <sup>st</sup> Floor &<br>Milano       |
| Thursday,<br>July 8 <sup>th</sup>  | 1:30        | SCU Scenic Drive                    | Special Care<br>Unit                    |
| Saturday,<br>July 10 <sup>th</sup> | 1:30        | Outing on the<br>Carital Coach      | 1 <sup>st</sup> & 2 <sup>nd</sup> Floor |
| Tuesday,<br>July 13 <sup>th</sup>  | 10:45       | Picnic Outing<br>(Church's Chicken) | 1 <sup>st</sup> Floor &<br>Milano       |
| Saturday,<br>July 17 <sup>th</sup> | 1:30        | Outing on the<br>Carital Coach      | 1 <sup>st</sup> & 2 <sup>nd</sup> Floor |
| Tuesday,<br>July 20 <sup>th</sup>  | 10:45       | Luncheon Outing                     | 1 <sup>st</sup> Floor &<br>Milano       |
| Thursday,<br>July 22 <sup>nd</sup> | 1:30        | SCU Scenic Drive                    | Special Care<br>Unit                    |
| Saturday,<br>July 24 <sup>th</sup> | 1:30        | Outing on the<br>Carital Coach      | 1 <sup>st</sup> & 2 <sup>nd</sup> Floor |
| Tuesday,<br>July 27 <sup>th</sup>  | 10:45       | Picnic Outing                       | 1 <sup>st</sup> Floor &<br>Milano       |
| Thursday,<br>July 29 <sup>th</sup> | 1:30        | SCU Scenic Drive                    | Special Care<br>Unit                    |
| Saturday,<br>July 31 <sup>st</sup> | 1:30        | Outing on the<br>Carital Coach      | 1 <sup>st</sup> & 2 <sup>nd</sup> Floor |



## COMMUNITY OUTINGS - AUGUST

| <b>Date</b>                           | <b>Time</b> | <b>Event</b>                                 | <b>Location</b>                         |
|---------------------------------------|-------------|----------------------------------------------|-----------------------------------------|
| Tuesday,<br>August 3 <sup>rd</sup>    | 10:45       | <b>Shopping Outing</b>                       | 1 <sup>st</sup> Floor &<br>Milano       |
| Thursday,<br>August 5 <sup>th</sup>   | 1:30        | <b>SCU Scenic Drive</b>                      | Special Care<br>Unit                    |
| Saturday,<br>August 7 <sup>th</sup>   | 1:30        | <b>Outing on the Carital<br/>Coach</b>       | 1 <sup>st</sup> & 2 <sup>nd</sup> Floor |
| Tuesday,<br>August 10 <sup>th</sup>   | 10:45       | <b>Luncheon Outing</b>                       | 1 <sup>st</sup> Floor &<br>Milano       |
| Thursday,<br>August 12 <sup>th</sup>  | 1:30        | <b>SCU Scenic Drive</b>                      | Special Care<br>Unit                    |
| Saturday,<br>August 14 <sup>th</sup>  | 1:30        | <b>Outing on the Carital<br/>Coach</b>       | 1 <sup>st</sup> & 2 <sup>nd</sup> Floor |
| Wednesday,<br>August 18 <sup>th</sup> | 10:00       | <b>"Goin' Fishing" Outing</b>                | 1 <sup>st</sup> Floor &<br>Milano       |
| Thursday,<br>August 19 <sup>th</sup>  | 1:30        | <b>SCU Scenic Drive</b>                      | Special Care<br>Unit                    |
| Saturday,<br>August 21 <sup>st</sup>  | 1:30        | <b>Outing on the Carital<br/>Coach</b>       | 1 <sup>st</sup> & 2 <sup>nd</sup> Floor |
| Sunday, August<br>22 <sup>nd</sup>    | 9:15        | <b>Church Outing<br/>Our Lady of Sorrows</b> | 1 <sup>st</sup> & 2 <sup>nd</sup> Floor |
| Tuesday,<br>August 24 <sup>th</sup>   | 10:45       | <b>Luncheon Outing</b>                       | 1 <sup>st</sup> Floor &<br>Milano       |
| Thursday,<br>August 26 <sup>th</sup>  | 1:30        | <b>SCU Scenic Drive</b>                      | Special Care<br>Unit                    |
| Saturday,<br>August 28 <sup>th</sup>  | 1:30        | <b>Outing on the Carital<br/>Coach</b>       | 1 <sup>st</sup> & 2 <sup>nd</sup> Floor |
| Tuesday,<br>August 31 <sup>st</sup>   | 10:45       | <b>Picnic Outing</b>                         | 1 <sup>st</sup> Floor &<br>Milano       |



